

# PSYCHOLOGY CLASS XII Reduced Syllabus for Academic Year 2020-21

## **FORMATIVE 1**

CHAPTER 1: Variations In Psychological Attributes 10 marks

( Complete Chapter)

CHAPTER 2: Self and Personality 10 marks

( Topics to be dropped: \* Post Freudian Approaches

\*Assessment of Personality

**However the Projective techniques- Introduction,**

**Rorschach inkblot Test and TAT to be included)**

Project – 10 marks:

\*Viewing of prescribed Case Study Video and writing a Case Study on the same.

(Case Studies maybe submitted online to respective teachers)

\*NO Conduction of Kundu's Personality Test

## **FORMATIVE 2**

CHAPTER 3: Meeting Life Challenges 10 marks

(Topic to be dropped: \* Life Skills

**However Social Support to be Included)**

CHAPTER 4: Psychological Disorders 10 marks

( Topics to be dropped: \* Behavioural and Developmental Disorders

\*Substance Use Disorders)

## **SECOND TERM:**

CHAPTER 5: Therapeutic Approaches 05 Marks

( Topics to be dropped: \* Behavioural techniques  
\*Gestalt Therapy  
\* Alternative Therapies)

CHAPTER 9: Developing Psychological Skills 05 Marks

( Topics to be dropped: \* Developing as an Effective Psychologist  
\*General Skills- Observation skills only  
\* Body language)

CHAPTER 6: Attitude and Social Cognition 10 Marks

( Topics to be dropped: \* Factors that influence Attitude Formation  
\*Attitude Change  
\* Prejudice & Discrimination  
\* Strategies for Handling Prejudice  
\* Social Cognition, Schemas and Stereotypes)

**Questions on Stroop Effect to be included**

CHAPTER 7: Social Influence and Group Processes 10 Marks

( Topics to be dropped: \* Characteristics of Groups  
\*Group Structure  
\* Influence of group on Individual Behaviour-  
Social loafing and Group polarization  
\*Cooperation And Competition

**However Determinants to be included)**

CHAPTER 8: Psychology and Life 10 Marks

( Topics to be dropped: \*Concept of Environmental Design  
\* Pollution  
\* Crowding

**However only Features Of Crowding to be included**

\*Psychology and Social Concerns –

Poverty & Discrimination, Psychological characteristics and Effects of Poverty & depression

\*Dollard's Frustration-Aggression theory till

Reducing Aggression Strategies. **Strategies included**

Assignment – 10 Marks

Self Conduction of Experiment On Noise and Practical Report writing which can be submitted online.

The Board Paper 2021 will follow the same Pattern as in the Past years, maintaining the weightage and Objectives as per the Prescribed Design. All 9 chapters will be included with approximately 30% reduction of portion (within chapters) as determined above.

Linda Santos

Convenor

BOS: Psychology/Logic

## **PSYCHOLOGY CLASS XI Reduced Syllabus for Academic Year 2020-21**

### **MID TERM -**

Chapter 1- What is Psychology? 10 Marks

(Complete Chapter)

Chapter 2 - Methods of Enquiry in Psychology 10 Marks

( Complete Chapter)

### **FIRST TERM –**

Chapter 1 and Chapter 2 + Chapter 3- The Bases of Human Behaviour, Chapter 5- Sensory, Attentional and Perceptual Processes and Chapter 9 Motivation and Emotions for the 2nd term.

First two chapters 10 mks each and the remaining three 20 mks each.

Chapter 3- The Bases of Human Behaviour 20 marks

( Neuron, ANS, Socialisation Agents Included)

Chapter 5- Sensory, Attentional and Perceptual Processes 20 Marks

( Exclude Structure & Functioning Of the Eye & Ear)

Chapter 9 Motivation and Emotions 20 Marks

( Exclude Biological Motives of Hunger, thirst and sex & Theories of Emotions)

Project: Each chapter provides several activities for students that can be carried out in their homes and a report could be submitted online.

**NO PRACTICALS TO BE CONDUCTED.**

### **SECOND TERM-**

Chapter 2 – 10 mks, Chapter 4- 20 mks, Chapter 5 -10mks, Chapter6-Learning - 10mks

Chapter 7- Human Memory-10 mks, Chapter 8- Thinking 10 mks, Chapter 9- Motivation and Emotion- 10 mks

Chapter 4- Human Development ( Exclude Pre natal stages of development)	20 mks
Chapter 6- Learning (complete chapter)	10 mks
Chapter 7- Human memory (complete chapter)	10 mks
Chapter 8- Thinking (complete chapter)	10 mks

Project: 10 marks

Each chapter provides several activities for students that can be carried out in their homes and a report could be submitted online.

**NO PRACTICALS TO BE CONDUCTED.**

The Final Exam Paper 2021 will follow the same Pattern as in the Past years, maintaining the weightage and Objectives as per the Prescribed Design. The Chapter wise inclusion per term will be the same with approximately 30% reduction of portion (within chapters) as determined above.

Linda Santos

Convenor

BOS: Psychology/Logic

