

**XII STANDARD**

**PSYCHOLOGY(Effective from March 2019)**

**MODEL QUESTION PAPER (FINAL)**

**TIME: 2 ½ Hrs.MARKS: 80**

**INSTRUCTIONS:**

1. The Question Paper consists of **32** questions.
2. Marks for each question are indicated against it.
3. Answer each Part on a fresh page.
4. All questions are compulsory. Internal choice is clearly indicated.
5. **Part – A: Q.Nos.1-4** are multiple choice and **Q.Nos.5-8** should be answered in one statement.**Part – B** questions should be answered in about 30 words each.**Part – C** questions should be answered in about 60 words each & **Part - D** questions should be answered in about 100 words each.

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**PART - A**

- 1 The school counsellor asks a student to maintain a personal diary on a regular basis. Here the Psychological assessment method used by the counsellor is \_\_\_\_\_
  - Interview
  - Case Study
  - Observation
  - Self-Report1
- 2 Which of the following statements illustrates the role of the Id?
  - “You really should not do that. Nice people don’t behave that way.”
  - “I want it now and I want it all.”
  - “I want you to be reasonable and think it over.”
  - All of the above.1
- 3 The strategy that involves obtaining information about the stressful situation and about alternative course of action and their probable outcome is called \_\_\_\_\_
  - Emotion-oriented strategy
  - Avoidance-oriented strategy
  - Task-oriented strategy
  - Biofeedback1
- 4 When people believe that their feelings, thoughts and actions are controlled by others is called Delusion of \_\_\_\_\_
  - Persecution
  - Reference
  - Grandeur
  - Control1
- 5 What is the term used when a client learns to behave in a certain way by observing the behaviour of a role model or the therapist? 1
- 6 Name a term for attitudes or beliefs that contain a ‘should’ or ‘ought’ aspect ? 1

- 7 Avinash is regularly indisCIPLINED in the classroom. All his teachers agree that he should be suspended. What is this phenomenon called? 1
- 8 What is Built Environment? 1

**PART - B**

- 9 Draw a neat labelled diagram of the Normal Distribution Curve showing the percentage-wise distribution. 2
- 10 Explain Jung's typology. 2
- 11 Describe Rational Thinking as a life skill. 2
- 12 State two symptoms of Suicide which can be prevented if one is alert to. 2
- 13 Differentiate between Encoding and Decoding. 2
- 14 Explain the phenomenon of Stroop Effect. 2
- 15 Describe Similarity as a condition for Group Formation. 2
- 16 Explain Dollard's Frustration-Aggression Theory. 2

**PART - C**

- 17 Bring out three points of difference between Individual and Group tests. 3
- 18 Explain the limitations of Observation and Interview methods. 3
- 19 Explain the Unhelpful Habits that need to be overcome in our lives as a life skill. 3
- 20 Describe Dissociative Disorders. 3
- 21 Explain Three elements of Counselling common to the major theoretical approaches. 3
- 22 Pro-social behaviour requires helping others. Explain the three social norms of Pro-social behaviour. 3
- 23 Describe the determinants of Co-operation and Competition. 3
- 24 Explain three positive effects of television on human behaviour. 3

**PART - D**

- 25 Explain how the assessment methods of Case Study and Observation help a Psychologist. 4
- 26 Describe the Phallic stage as given by Freud. 4
- 27 Analyse Psychological Stress as a type of stress.  
OR  
Analyse 'Relaxation Techniques' and 'Creative Visualisation' as Stress Management Techniques. 4
- 28 Explain the negative symptoms of Schizophrenia.  
OR  
Explain the two main features of ADHD. 4
- 29 Analyse the Behaviour Technique of Systematic Desensitisation.  
OR  
Analyse Bio-medical Therapy. 4
- 30 Analyse Reference Groups and Personal Experiences as factors that influence attitude formation. 4
- 31 Explain four major reasons for group conflicts. 4
- 32 Shanthi cannot study because of noise in the neighbourhood. Explain four effects of noise on her performance. 4

**THE END**

